



# BayviewHEALTH

## Client History Form

*These details will assist with your treatment*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

DOB: \_\_\_\_\_ Occupation: \_\_\_\_\_

Marital Status: \_\_\_\_\_

Email: \_\_\_\_\_

No. Of Children: \_\_\_\_\_ Age(s): \_\_\_\_\_

Sport/Recreational Activities: \_\_\_\_\_

Per Day	units	Per Week	units
Water		Alcohol	
Caffeine		Work	
Tobacco		Exercise	
Energy Drinks		Sugar/Sweets	
Sleep		Recreational Drugs	

Are you a Vegetarian or Vegan? \_\_\_\_\_

### Current Health:

What is your main issue/area of discomfort? \_\_\_\_\_

Any other issues/areas to consider? \_\_\_\_\_

What/how did it happen? \_\_\_\_\_

\_\_\_\_\_ When? \_\_\_\_\_

### *Please circle*

Intensity: Constant Progressive Comes & Goes

Type of Pain: Dull ache Sharp Numb Tender Other \_\_\_\_\_

Stiff Tingly Sore Stabbing

What improves it? \_\_\_\_\_

What makes it worse? \_\_\_\_\_

Does it prevent you: Sleeping Working Exercise

Medical Diagnosis? \_\_\_\_\_

GP: \_\_\_\_\_ X-rays: \_\_\_\_\_ Blood Tests: \_\_\_\_\_

Any treatment received? (explain)? \_\_\_\_\_

Was this beneficial? Y/N \_\_\_\_\_

Have you had a similar condition before? \_\_\_\_\_ When? \_\_\_\_\_

How did this happen? \_\_\_\_\_

### **Medication:** *Please detail*

Are you currently taking any medication? (Incl homeopathic, herbal, Vit & Minerals)

Are you taking any of the following? *Please circle*

Laxatives Sedatives Anti-depressants

Insulin Aspirin Anti-inflammatory

Other \_\_\_\_\_

Have you ever had the following? *Detail*

Operations: Y/N \_\_\_\_\_

Broken Bones: Y/N \_\_\_\_\_

Been in an accident: Y/N \_\_\_\_\_

Experienced Whiplash: Y/N \_\_\_\_\_

### *Please circle*

Alternative Therapies experience: Often Occasional Never

**PLEASE GO TO NEXT PAGE IF NOT RECEIVING MASSAGE THERAPY**

Do you have difficulty lying on your back? Back/Front No Side-Lying R/L

What did you enjoy/not enjoy from previous massage therapy? \_\_\_\_\_

Any areas you wish not to be touched? e.g. feet \_\_\_\_\_

Contact lenses   Hair Piece   Hearing Aid   Pace Maker   Dentures

Do you have any open wounds/cuts or sores currently? \_\_\_\_\_

Headaches		Blood clots		Vision problems	
High/Low Blood Pressure		Varicose veins		Spinal Disc problems	
Numbness/Tingling		Diabetes A/B		Breathing problems	
Sinus problems		Epilepsy		Osteoarthritis	
Ear problems		Asthma		Arthritis/Gout	
Stiff neck		Hernia/Ulcer		Skin problems	
RSI/OOS		Viral condition		Digestive problems	
Pregnancy EDD _____		Heart problems		Diarrhoea	
Fluid Retention		Chest Pains		Constipation	
Allergies		Hepatitis A/B/C		Cancer	
Fatigue		HIV/AIDS		Sleep disturbance	

**Therapist Use only:**

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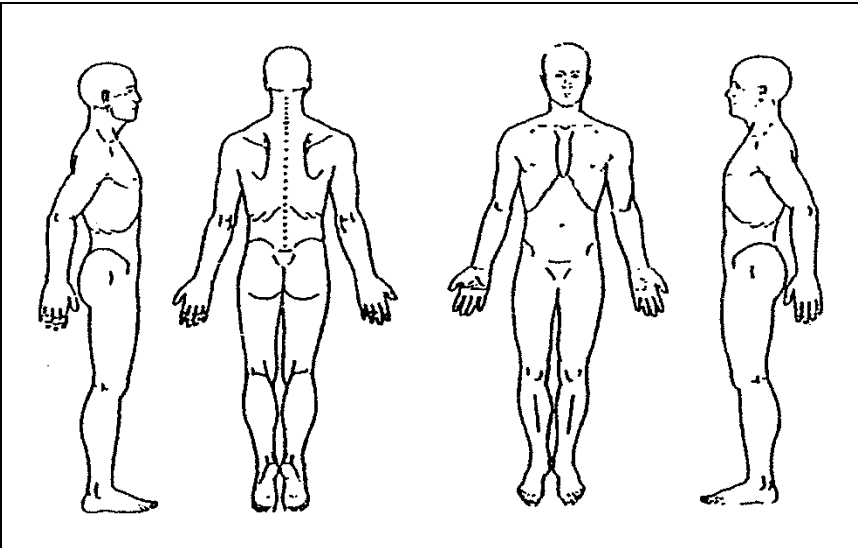
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Please indicate areas below areas of discomfort/pain/achiness/tingling etc



To the best of my knowledge the information I have provided is accurate and true. I understand alternative therapy does not take place of any other medical general practitioners (GP). If you experience any unusual effects it is your responsibility to inform your therapist.

### Cancellation Policy:

We require at least 12 hours notice to cancel an appointment. Our policy is to charge the 50% of the booking made if you do not show up for your appointment or if you cancel with less than 12 hour's notice.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_